ELS LUNCH MENU In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Wednesdays – K-8 has option of Chick-fil-A		FIRST	PAYOF		1 Homemade Spaghetti w/meat sauce Green Peas	2 **5th - 8th grades - Extra Entrée available
Fridays – K-8 has option of Papa John's		SPA	LH 20		Diced Pears WW Roll *Milk	for \$1 for Hamburgers and Cheeseburgers and Cheese Pizzas**
2	4	5	6	7	8	9
	WG Pancakes w/syrup Turkey Sausage Patty Hash Browns	**WW Cheese Pizza** Green Beans	Chicken Fillet w/WW bun Corn	Beef Meatball Sub w/WW bun Mixed Vegetables	Mac & Cheese Green Peas Sliced Pears	~ We use only flash frozen vegetables ~
ASH WEDNESDAY	Applesauce *Milk	Mandarin Oranges *Milk	Fresh Fruit Salad *Milk	Sliced Peaches *Milk	WW Roll *Milk	~ we serve 1% and whole milk ~
10	11	12	13	14	15	16
	Chicken & Waffles w/syrup	Chicken Leg Corn	Homemade 3 - Cheese Ziti	Chicken Wrap Soft WW Tortilla Ranch Dressing	Toasted WW Cheese Sandwich	Our Tomato Soup is
	Mixed Vegetables Diced Pears	Sliced Peaches WW Roll	Green Beans Fresh Orange Sections WW Roll	Shredded Cheese Lettuce Diced Pears	Tomato Soup Baby Carrots w/dip Fresh Apple Slices	made with milk
	*Milk	*Milk	*Milk	Corn & Bean Blend *Milk	*Milk	
Happy St.	18	19	20	21	22	23
Patrick's Day	Homemade Chicken & Rice	**WW Cheese Pizza**	Turkey & Cheese WW Sandwich	**Hamburger w/WW bun**	Egg & Cheese Omelets	~ Toddlers & Infants will be provided an
(O) \$ (O)	Green Beans	Mixed Vegetables	Baby Carrots w/dip	Dill Pickles	Hash Browns	alternative for carrots
	Pineapple Tidbits WW Roll	Diced Peaches	Baked Apple Slices	Fresh Orange Sections	Slice of WW Bread Applesauce	~
	*Milk	*Milk	*Milk	*Milk	*Milk	
24/31	25	26	27	28	29	30
	Chicken Breast Bites Mixed Vegetables	WG Fish Stars Green Beans	**Cheeseburger w/WW bun**	Chicken & Cheese Taco Soft WW Tortilla	Homemade Spaghetti w/meat sauce	WW = Whole Wheat
	Applesauce	Mandarin Oranges	French Fries	Salsa Sour Cream	Green Peas	WG = Whole Grain
	WW Dinner Roll	WW Roll	Dill Pickle Chips *Milk	Corn & Bean Blend Sliced Peaches	Diced Pears WW Roll	
	*Milk	*Milk	IVIIIK	*Milk	*Milk	