


September 2023

ELS LUNCH MENU

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p>1 Pepperoni Pizza Stick Green Beans Mixed Fruit Milk</p>	<p>2</p>
<p>3</p>	<p>ALL PROGRAMS CLOSED</p>	<p>5 Cheeseburger on WW Bun Tater Tots Diced Peaches Milk</p>	<p>6 Chicken Sandwich on WW Bun Green Beans Pineapple Milk</p>	<p>7 Macaroni & Cheese Peas Diced Pears WW Roll Milk</p>	<p>8 Turkey & Cheese on WW Bread Fresh Baby Carrots Fresh Apple Slices Milk</p>	<p>9</p>
<p>10 ~ We use only flash frozen vegetables ~</p>	<p>11 Cheese Quesadilla Corn Diced Peaches Milk</p>	<p>12 WG Pancakes Turkey Sausage Rosemary Potatoes Mandarin Oranges Milk</p>	<p>13 Chicken Nuggets Peas Pineapple WW Roll Milk</p>	<p>14 Meat Lasagna Green Beans Diced Pears WW Roll Milk</p>	<p>15 Toasted Cheese on WW Bun Fresh Baby Carrots Fresh Apple Slices Milk</p>	<p>Fluid Milk: 1 year old: unflavored whole milk 2-5 year old: unflavored fat-free (skim) or low-fat (1%) milk</p>
<p>17 ~ Children under two years old will be offered cooked carrots when menu says raw baby carrots ~</p>	<p>18 Italian Herb Grilled Chicken Peas Mandarin Oranges WW Roll Milk</p>	<p>19 Cheese Omelet Hash Brown Diced Peaches WG Biscuit Milk</p>	<p>20 Fish Stars Green Beans Diced Pears WW Roll Milk</p>	<p>21 Chicken Tenders Lima Beans Mixed Fruit WW Roll Milk</p>	<p>22 Beef & Cheese Taco Corn Pineapple Milk</p>	<p>Breastmilk may be substituted for cow's milk Non-Dairy Beverages may be served with appropriate documentation</p>
<p>24</p>	<p>25 BBQ Meatballs Green Beans Pineapple WG Hushpuppies Milk</p>	<p>26 Chicken Breast Patty WG Waffle Corn Diced Pears Milk</p>	<p>27 Pepperoni Pizza Stick Peas Mixed Fruit Milk</p>	<p>28 Hamburger on WW Bun Tater Tots Mandarin Oranges Milk</p>	<p>29 Turkey & Cheese on WW Bread Fresh Broccoli Fresh Sliced Apples Milk</p>	<p>Juice, if served, is pasteurized full strength (100%) juice WG, WW and WGR indicate whole grain-rich foods</p>