




# May 2021

# ELS LUNCH MENU

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Cheese Omelet Hash Brown Diced Peaches Sliced WW Bread Milk	4 Chicken and WG Waffle Peas Mixed Fruit Milk	5 Fish Shapes Mixed Vegetables Mandarin Oranges WW Roll Milk	6 BBQ Pulled Pork Green Beans Fresh Apple Slices WG Hush Puppies Milk	7 ECE CLOSED For TWD (K-8 lunch from home)	1/8
<b>Happy Mother's Day!</b> 	10 Chicken Parmesan Peas Diced Peaches WG Garlic Toast Milk	11 Pancake Turkey Bacon Hash Brown Fresh Apple Slices Milk	12 Toasted Cheese Sandwich on WW Bread Fresh Baby Carrots Fresh Berry Medley Milk	13 Chicken Tenders Corn Fresh Cantaloupe & Honeydew WW Roll Milk	14 Meatloaf Mashed Potatoes Mixed Fruit WW Roll Milk	15
16 ~ Children under two years old will be offered cooked carrots when menu says raw baby carrots ~ ~ Berry Medley contains blueberries, raspberries, and strawberries and/or blackberries. ~ ~ No blueberries for 3 years old and under ~	17 Spaghetti W/ Meat Sauce Peas Diced Pears WW Roll Milk	18 Chicken Bites Pasta Salad Mandarin Oranges WW Roll Milk	19 Cheeseburger on WW Bun French Fries Pineapple Tidbits Milk	20 Riblet Sandwich on WW Bun Mixed Vegetables Mixed Fruit Milk	21 WG Pepperoni Pizza Bites Corn Fresh Banana Milk	22 <b>Fluid Milk:</b> <b>1 year old:</b> unflavored whole milk <b>2-5 year old:</b> unflavored fat-free (skim) or low-fat (1%) milk
	24 BBQ Meatballs Green Beans Fresh Sliced Apples WG Sub Roll Milk	25 Chicken Drumstick Fresh Baby Carrots Pineapple Tidbits WW Roll Milk	26 Fish Shapes Corn Diced Peaches WW Roll Milk	27 Meat Lasagna Mixed Vegetables Diced Pears WW Roll Milk	28 Teriyaki Chicken Fried Rice W/ Vegetables Mixed Fruit Milk	29 <b>Breastmilk</b> may be substituted for cow's milk <b>Non-Dairy Beverages</b> may be served with appropriate documentation
<b>WISHING EVERYONE A HAPPY &amp; BLESSED MEMORIAL DAY</b> 	31 <b>ALL PROGRAMS CLOSED</b>					<b>Juice, if served,</b> is pasteurized full strength (100%) juice <b>WG, WW and WGR</b> indicate whole grain-rich foods