

February 2023

ELS LUNCH MENU

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Chicken Patty WG Waffle Green Beans Peaches Milk	2 WG Pepperoni Pizzables Corn Pineapple Milk	3 Cheeseburger on WW Bun Peas Mixed Fruit Milk	4
5	6 Chicken Sandwich on WG Bun Mixed Vegetables Pineapple Milk	7 WW Grilled Cheese Corn Peaches Milk	8 WG Fish Stars Peas Pears WW Roll Milk	9 Cheese Omelet Hash Brown Mandarin Oranges WG Biscuit Milk	10 Meat Lasagna Green Beans Mixed Fruit WW Roll Milk	11
12 ~ We use only flash frozen vegetables ~	13 Macaroni and Cheese Peas Peaches WW Roll Milk	14 BBQ Meatballs Tater Tots Pears WG Hushpuppies Milk	15 Chicken Nuggets Corn Mixed Fruit WW Roll Milk	16 Ham and Cheese Croissant Fresh Baby Carrots Fresh Sliced Apples Milk	17 Pepperoni Pizza Sticks Mixed Vegetables Mixed Fruit Milk	Fluid Milk: 1 year old: unflavored whole milk 2-5 year old: unflavored fat-free (skim) or low-fat (1%) milk
19 ~ Children under two years old will be offered cooked carrots when menu says raw baby carrots ~	ALL PROGRAMS CLOSED	21 WG Pancakes Rosemary Potatoes Peaches Turkey Bacon Milk	22 Hamburger on WW Bun Corn Mixed Fruit Milk	23 Turkey and Cheese Sandwich on WW Bread Fresh Baby Carrots Fresh Sliced Apples Milk	24 Stuffed Cheese Shells W/ Marinara Mixed Vegetables Pears WW Roll Milk	Breastmilk may be substituted for cow's milk Non-Dairy Beverages may be served with appropriate documentation
26	27 Grilled Chicken Green Beans Pineapple WW Roll Milk	28 WG Pepperoni Pizza Slice Peas Pears Milk				Juice, if served, is pasteurized full strength (100%) juice WG, WW and WGR indicate whole grain-rich foods