


Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	ALL PROGRAMS CLOSED	3 AM WG Bagel w/ Cream Cheese Milk PM Strawberry Chex Water	4 AM WG Cinnamon Chex Cereal Milk PM WG Goldfish Juice	5 AM WG Pumpkin Bread Milk PM Animal Crackers Water	6 AM WG Mini Pancakes Milk PM Cheese Stick Apple Straws Water	7
8		9 AM WG Banana Muffin Milk PM Applesauce WW Crackers Water	10 AM WG Mini Waffles Milk PM Teddy Grahams Water	11 AM Vanilla Yogurt W/ Granola Milk PM Cheese Ritz Bitz Juice	12 AM WG Croissant Milk PM Homemade Nut Free Trail Mix Water	13 AM WG Blueberry Bread Milk PM Cheddar Chex Water
15	ALL PROGRAMS CLOSED	17 AM WG Southern Biscuit w/ Jelly Milk PM Pretzel Goldfish Cheese Cubes & Water	18 AM WG Apple Cinnamon Muffin Milk PM Snap'd Cheese Itz Juice	19 AM WG Banana Bread Milk PM WG Scooby Snacks Water	20 AM WG Corn Flake Cereal Milk PM Fresh Banana WW Crackers Water	Fluid Milk: 1 year old: unflavored whole milk 2-5 year old: unflavored fat-free (skim) or low-fat (1%) milk
AM SUPPLEMENT A serving of milk or juice A serving of bread, cereal, or equal		23 AM WG English Muffin w/ Jelly Milk PM Fruit Cup WW Crackers & Water	24 AM WG French Toast Sticks Milk PM Applesauce WW Crackers Water	25 AM Apple Cinnamon Cherrios Milk PM Teddy Grahams Water	26 AM WG Blueberry Bread Milk PM Strawberry Chex Water	ECE Closed Parent - Teacher Conferences
PM SUPPLEMENT A serving of juice or milk A serving of bread or equivalent	30 AM WG Banana Muffin Milk PM Cheese Stick Apple Cinnamon Straws Water	31 AM WG Bagel w/ Cream Cheese Milk PM Cheddar Chex Water				Juice, if served, is pasteurized full strength (100%) juice WG, WW and WGR indicate whole grain-rich foods