


April 2021

ELS SNACK MENU

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>AM SUPPLEMENT A serving of milk or juice</p> <p>A serving of bread, cereal, or equal</p>				<p>1 AM WG Cinnamon Oatmeal Round Milk PM Cheddar Chex Mix Water</p>	<p>2 ALL PROGRAMS CLOSED</p>	<p>3</p>
4	 <p>ALL PROGRAMS CLOSED</p>					<p>10 Fluid Milk: 1 year old: unflavored whole milk 2-5 year old: unflavored fat-free (skim) or low-fat (1%) milk</p>
11	<p>12 AM WG Mini Pancakes Milk PM WG Goldfish Juice</p>	<p>13 AM WG Cinnamon Pop-Tart Milk PM Teddy Grahams Milk</p>	<p>14 AM Apple Cinnamon Cheerios Milk PM Fruit Cup, WW Crackers Water</p>	<p>15 AM WG Bagel W/ Cream Cheese Milk PM Strawberry Chex Mix Water</p>	<p>16 AM Banana Bread Milk PM Animal Crackers Milk</p>	<p>Breastmilk may be substituted for cow's milk Non-Dairy Beverages may be served with appropriate documentation Juice, if served, is pasteurized full strength (100%) juice WG, WW and WGR indicate whole grain-rich</p>
18	<p>19 AM Croissant Milk PM Cheese- Itz Juice</p>	<p>20 AM WG Cinnamon Oatmeal Round Milk PM Graham Crackers Milk</p>	<p>21 AM Rice Chex Cereal Milk PM Fresh Banana WW Crackers Water</p>	<p>22 AM WG Fruit Muffin Milk PM Applesauce WW Crackers Water</p>	<p>23 AM WG Mini Blueberry Waffles Milk PM Pretzels, Cheese Stick Water</p>	24
25	<p>26 AM Pancake on a Stick Milk PM Elf Grahams Milk</p>	<p>27 AM English Muffin W/ Jelly Milk PM Fruit Cup WW Crackers Water</p>	<p>28 AM Fruit Nutri-Grain Bar Milk PM Goldfish Juice</p>	<p>29 AM WG Cheerios Milk PM Yogurt Goldfish Grahams Water</p>	<p>30 AM WG French Toast Milk PM Cheddar Chex Mix Water</p>	<p>PM SUPPLEMENT A serving of juice or milk A serving of bread or equivalent</p>