
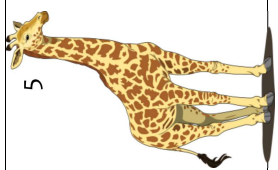





July 2026

ELS LUNCH MENU

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>~ Children under two years old will be offered cooked carrots when menu says raw baby carrots ~</p>	<p>~ We use only flash frozen vegetables ~</p>	<p>1 Fish Stars Lima Beans Mandarin Oranges WG Hushuppies Milk</p>	<p>2 Cheeseburger on WW Bun Green Beans Mixed Fruit Milk</p>	<p>All Programs Closed ***** Happy Independence Day</p>	<p>4</p>
<p>5</p> 	<p>6 Beef and Cheese on WG Tortilla W/ Sour Cream Corn Diced Peaches Milk</p>	<p>7 WG Pepperoni Pizza Sticks W/ Ranch Dip Lima Beans Mandarin Oranges Milk</p>	<p>8 Chicken Sandwich on WW Bun Green Beans Diced Pineapple Milk</p>	<p>9 Bacon, Egg, Cheese Scramble Tater Tots Diced Peaches WG Biscuit Milk</p>	<p>10 White Cheddar Mac & Cheese Peas Mixed Fruit WW Roll Milk</p>	<p>11</p>
<p>12</p> 	<p>13 Chicken Tenders Lima Beans Mandarin Oranges WW Roll Milk</p>	<p>14 Cheese Quesadilla W/ Sour Cream Corn Pineapple Tidbits Milk</p>	<p>15 Pepperoni Calzone W/ Marinara Sauce Peas Diced Peas Milk</p>	<p>16 BBQ Pulled Pork Tater Tots Diced Peas WG Slider Bun Milk</p>	<p>17 Chicken Breast Patty WG Waffle Green Beans Mixed Fruit Milk</p>	<p>Fluid Milk: 1 year old: unflavored whole milk 2-5 year old: unflavored fat-free (skim) or low-fat (1%) milk</p>
	<p>20 Grilled Chicken Nuggets Corn Mandarin Oranges WW Roll Milk</p>	<p>21 Meat Lasagna Peas Diced Peaches WW Roll Milk</p>	<p>22 Fish Stars Lima Beans Diced Peas WG Hush Puppies Milk</p>	<p>23 WG Pepperoni Pizza Sticks w/ Ranch Dip Green Beans Pineapple Tidbits Milk</p>	<p>24 Chicken Fries Tater Tots Mixed Fruit WW Roll Milk</p>	<p>Breastmilk may be substituted for cow's milk Non-Dairy Beverages may be served with appropriate documentation</p>
	<p>27 Chicken Sandwich on WW Bun Corn Diced Pineapple Milk</p>	<p>28 Breaded Mozzarella Sticks w/ Marinara Peas Diced Peas Milk</p>	<p>29 Cheeseburger on WW Bun Green Beans Mandarin Oranges Milk</p>	<p>30 Mac and Cheese Lima Beans Diced Peaches WW Roll Milk</p>	<p>31 Chicken Breast Patty Tater Tots Mixed Fruit WG Waffle Milk</p>	<p>Juice, if served, is pasteurized full strength (100%) juice WG, WW and WGR indicate whole grain-rich foods</p>