

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 AM WG Multigrain Cheerios Milk PM WG Vanilla Wafers String Cheese, Water	2 AM WG Blueberry Muffin Milk PM Sugar Free Jell-O Club Crackers, Water	All Programs Closed ***** Happy Independence Day	4
5	6 AM WG Cinnamon Chexereal, Milk PM WG Snap'd Cheese Itz Apple Juice	7 AM WG English Muffin w/ Jelly, Milk PM WG Strawberry Chex Milk	8 AM WG French Toast Sticks Milk PM WG Goldfish Milk	9 AM WG Pumpkin Bread Milk PM WG Animal Crackers Milk	10 AM WG Mini Maple Pancakes, Milk PM-Sugar Free Vanilla Pudding, Graham Crackers, Water	11
12 ~ We use only flash frozen vegetables ~	13 AM WG Bagel w/ Cream Cheese, Milk PM WG Bug Bite Crackers Milk	14 AM WG Apple Cinnamon Muffin, Milk PM Fresh Watermelon Ritz Crackers Water	15 AM WG English Muffin w/ Jelly, Milk PM WG Cheddar Chex Milk	16 AM WG Apple Cinnamon Cheerios, Milk PM Applesauce Club Crackers Water	17 AM Strawberry Yogurt w/ Granola, Milk PM WG Goldfish Apple Juice	Fluid Milk: 1 year old: unflavored whole milk 2-5 year old: unflavored fat-free (skim) or low-fat (1%) milk
~ Children under two years old will be offered cooked carrots when menu says raw baby carrots ~	20 AM WG Multigrain Cheerios Milk PM Mixed Fruit Cup Ritz Crackers Water	21 AM WG Pretzel Roll w/ Cream Cheese Milk PM WG Cheese Itz Apple Juice	22 AM WG Maple Waffle Milk PM Animal Crackers Milk	23 AM WG Apple Cinnamon Muffin, Milk PM WG Strawberry Chex Milk	24 AM WG French Toast Sticks, Milk PM Orange Sherbet Ritz Crackers Water	Breastmilk may be substituted for cow's milk Non-Dairy Beverages may be served with appropriate documentation
26	27 AM WG Blueberry Muffin Milk PM WG Teddy Grahams Milk	28 AM WG Blueberry Muffin Milk PM Pirates Booty Fresh Sliced Strawberries Water	29 AM WG Cinnamon Chexereal, Milk PM WG Goldfish Apple Juice	30 AM WG French Toast Sticks Milk PM Veggie Straws String Cheese Water	31 AM Vanilla Yogurt w/Granola, Milk PM Ice Cream Party Graham Crackers Water	Juice, if served, is pasteurized full strength (100%) juice WG, WW and WGR indicate whole grain-rich foods